

Clinical evaluation of high-sensitive C-reactive protein during Bushi powder administration

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Abstract

To evaluate the effect of Bushi, a powder type of Aconite Tuber, we examined the changes of finger temperature (FT) and high-sensitive C-reactive protein (hs-CRP) . Ten healthy adult volunteers received the powdered processed Aconite Tuber 3 g three times a day for one day. The FT at the postadministration was significantly higher than that at the preadministration ($p=0.0209$) . No significant difference was observed in the blood hs-CRP levels between preadministration and postadministration ($p=0.3980$) . These results indicate that Bushi does not affect the hs-CRP in healthy adults.

Key words : Aconite Tuber, Bushi powder, high-sensitive C-reactive protein, skin temperature